



# Impact of rapid antimicrobial susceptibility test Accelerate Pheno™ in antimicrobial stewardship of sepsis

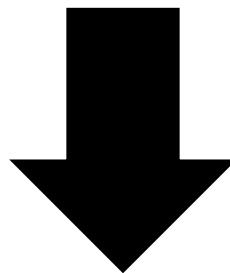
Alessandra Belati,<sup>1</sup> Giuseppe De Socio,<sup>2</sup> Riccardo Paggi,<sup>1</sup> Alessandro D'Arpino,<sup>3</sup> Amedeo Moretti,<sup>4</sup> Filippo Allegrucci,<sup>4</sup> Elio Cenci,<sup>1,4</sup> Antonella Mencacci<sup>1,4</sup>

<sup>1</sup> Medical Microbiology, Department of Medicine, University of Perugia, Perugia, Italy; <sup>2</sup> Clinic of Infectious Diseases, Perugia General Hospital, Perugia, Italy; <sup>3</sup> Pharmacy, Perugia General Hospital, Perugia Italy; <sup>4</sup> Microbiology, Perugia General Hospital, Perugia, Italy

Alessandra Belati, MD  
University of Perugia

# Sepsis

- Life-threatening time-dependent disease
- Effective therapy in MDRO era



**RAPID ETIOLOGIC DIAGNOSIS**



*Accelerate Diagnostics, Tucson, AZ*

# Accelerate Pheno™: identification

## GRAM POS

*Staphylococcus aureus*

## CoNS

*Enterococcus faecalis*

*Enterococcus faecium*

*Streptococcus* spp.

## GRAM NEG

*Escherichia coli*

*Klebsiella* spp.

*Serratia marcescens*

*Proteus* spp.

*Pseudomonas aeruginosa*

*Acinetobacter baumannii*

*Enterobacter* spp.

*Citrobacter* spp.

## FUNGI

*Candida albicans*

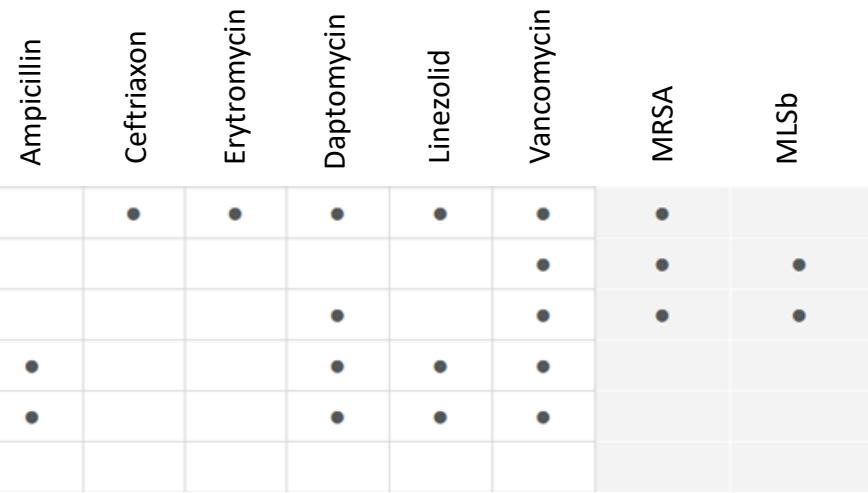
*Candida glabrata*

# Accelerate Pheno™: antimicrobial susceptibility

## GRAM POS

*S. aureus* •  
*S. lugdunensis* •  
*CoNS* •  
*E. faecalis* •  
*E. faecium* •  
*Streptococcus* spp •

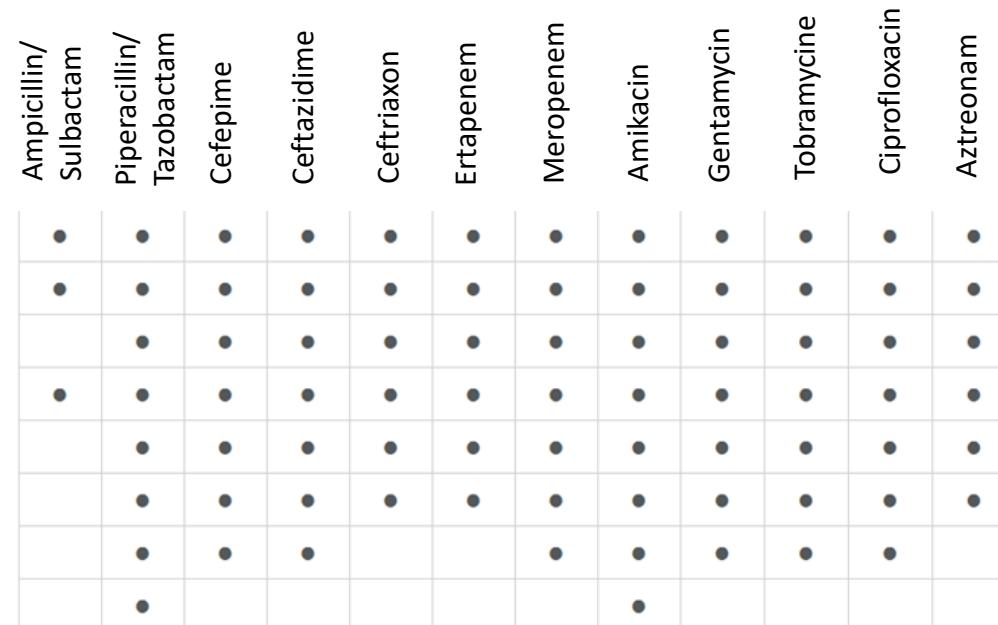
ID



## GRAM NEG

*E. coli* •  
*Klebsiella* spp •  
*Enterobacter* spp •  
*Proteus* spp •  
*Citrobacter* spp •  
*S. marcescens* •  
*P. aeruginosa* •  
*A. baumannii* •

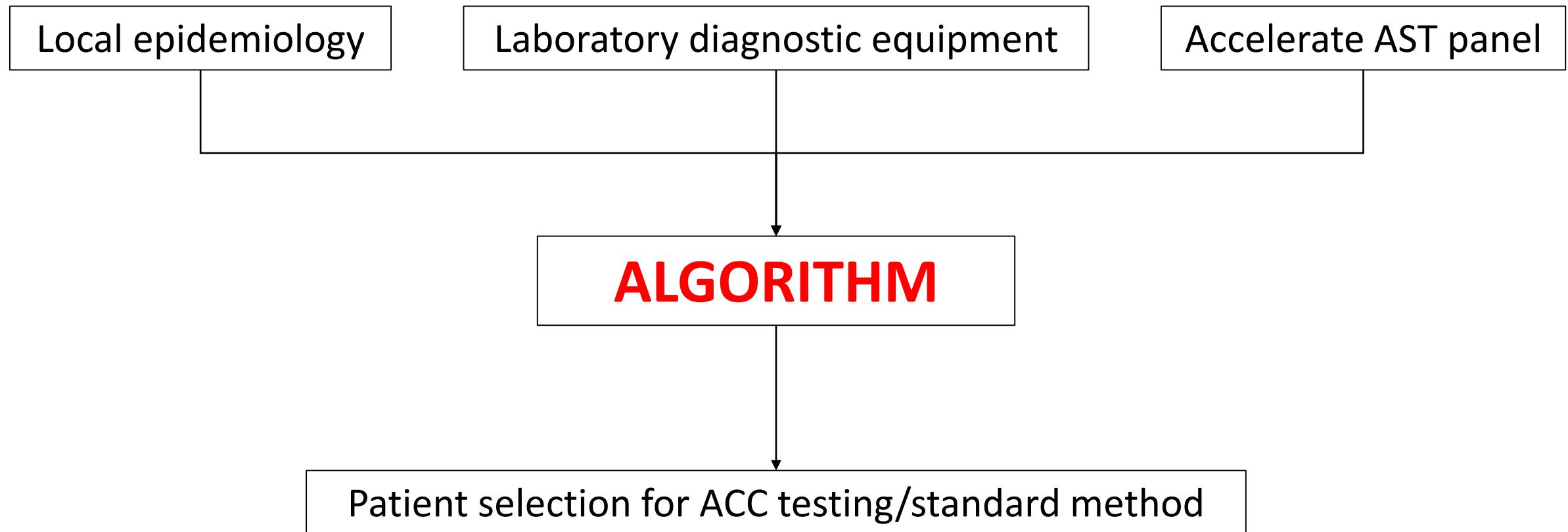
ID



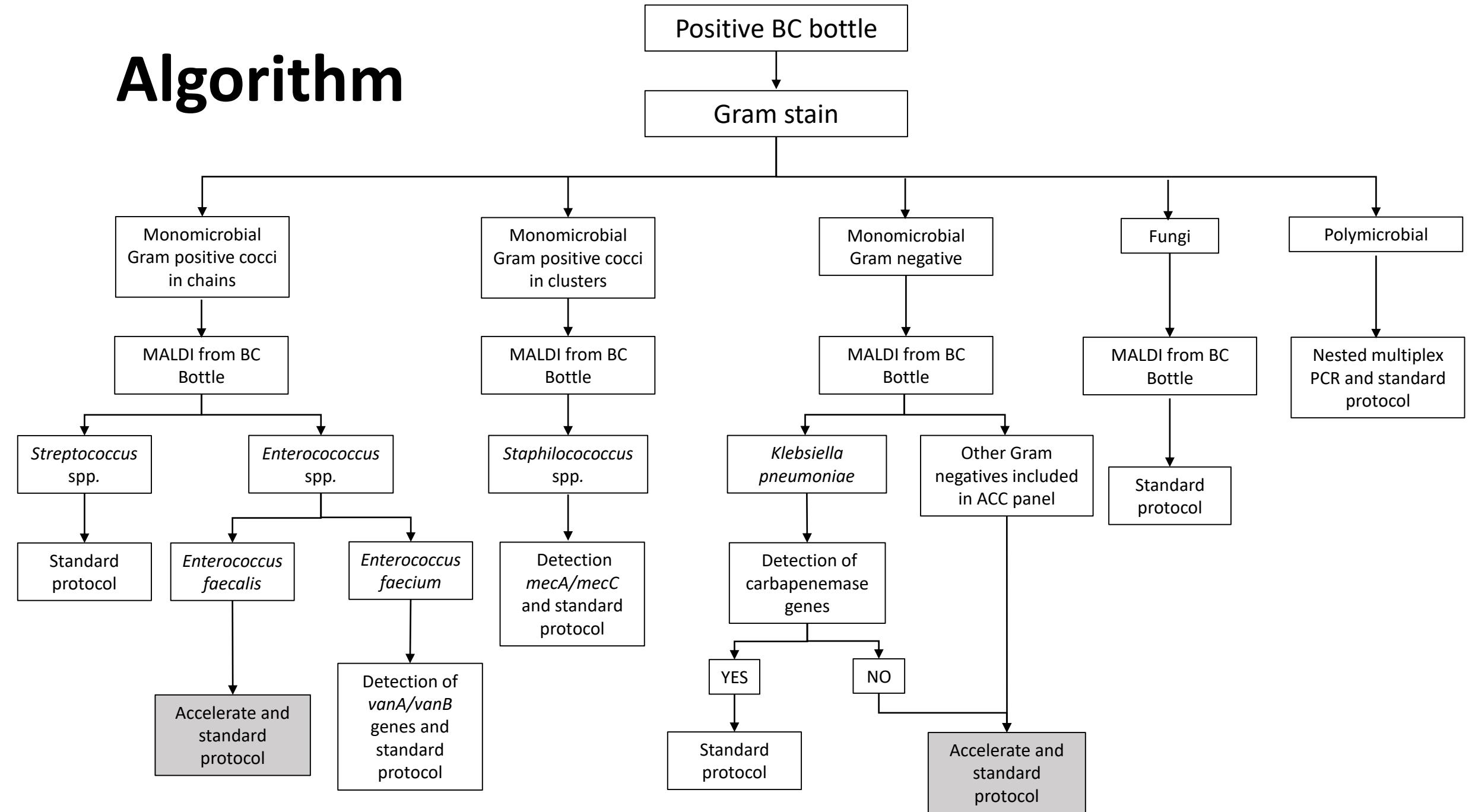
# Aim of the study

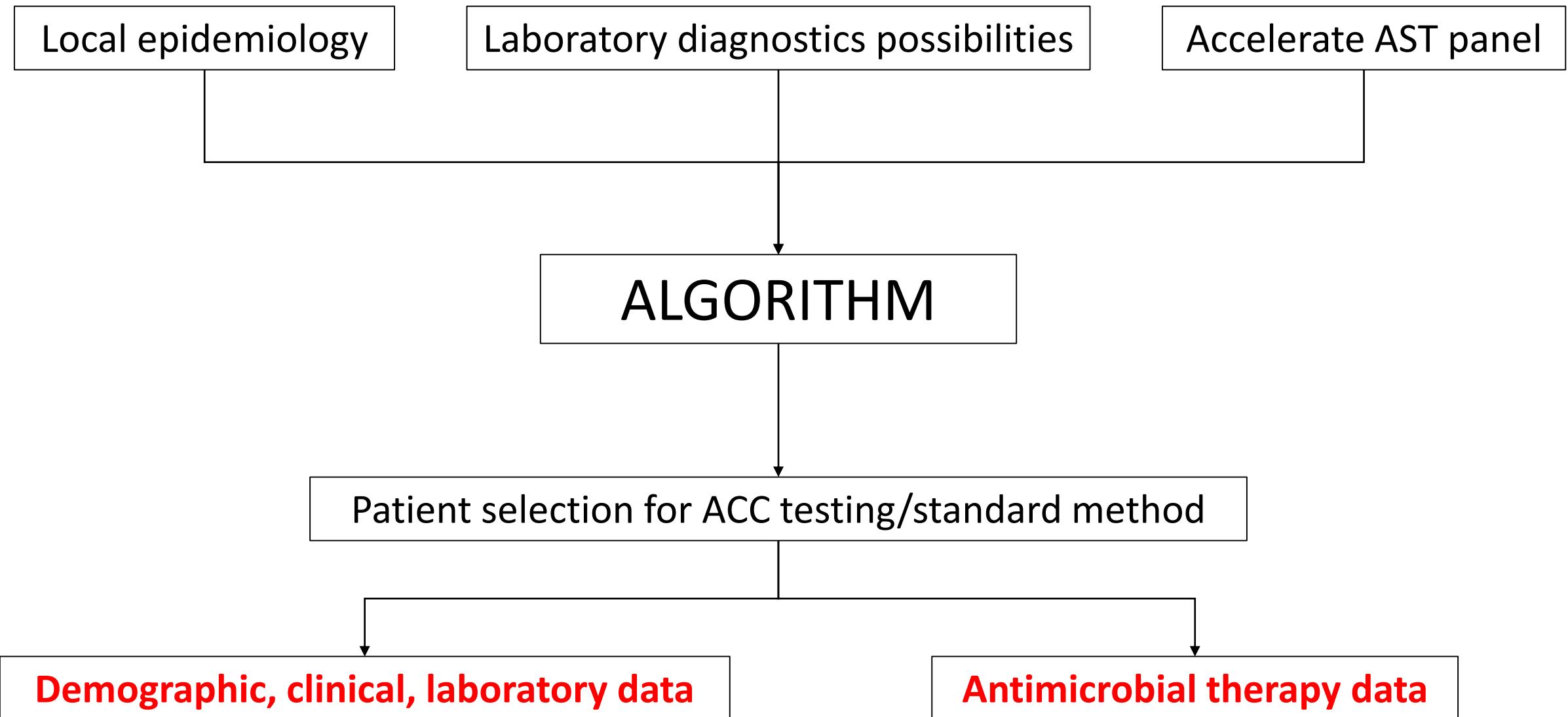
To verify how the use of the Accelerate Pheno™ could impact on management of patients with sepsis and promote AS programs

# Materials and Methods



# Algorithm



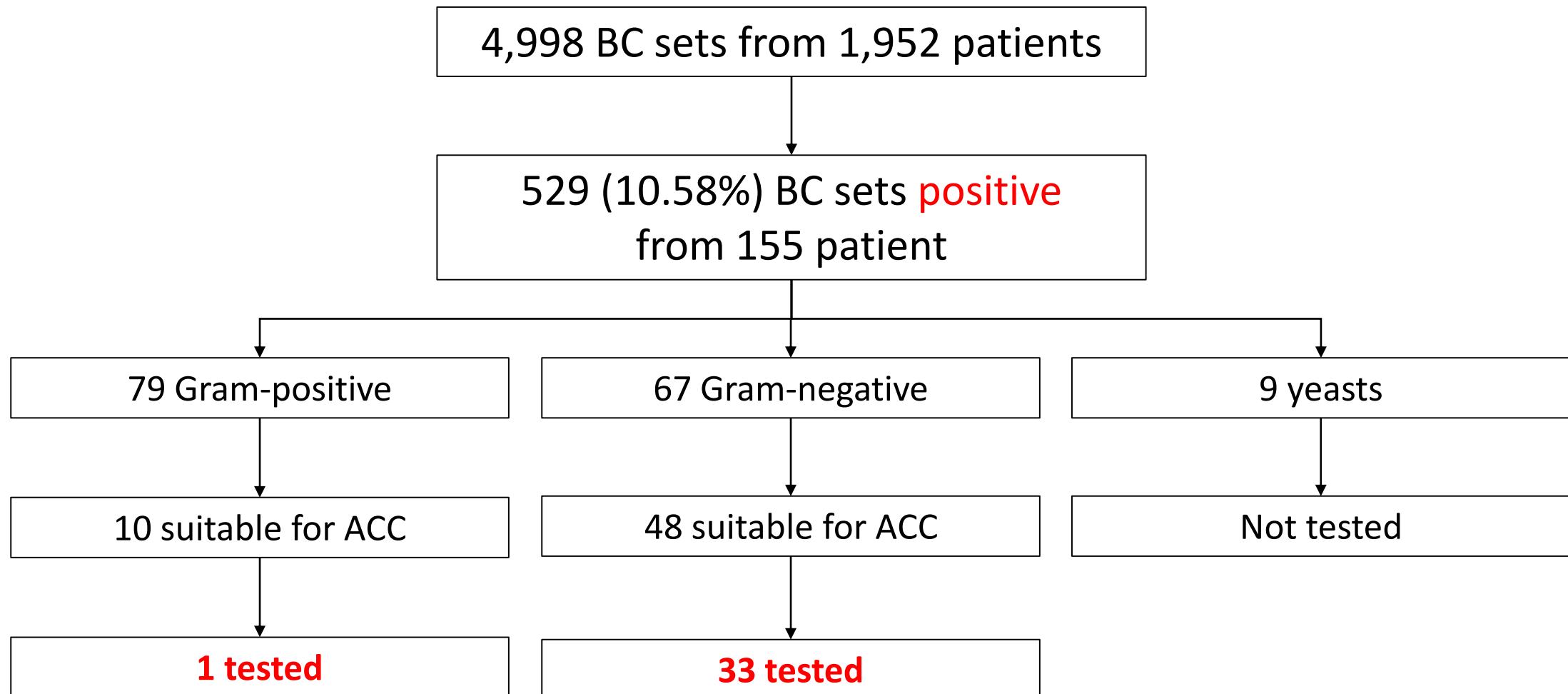


## Evaluation of:

- **Accuracy** of Accelerate Pheno™
- **Time to report** compared to standard protocol
- **Impact** on therapeutic decisions

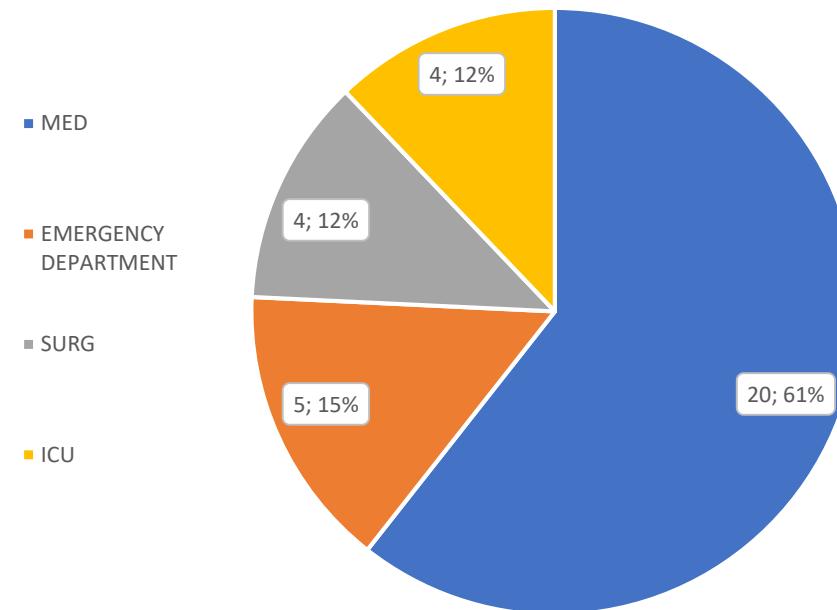
# Results

October 1, 2018 - January 31, 2019



Variable	Value
Patients	34
Years, median (IQR)	73 (69-80)
Men	16 (47.06)
<b>Hospital ward</b>	
Medicine	15 (44.12)
Hematology/BMT	6 (17.65)
Surgical	4 (11.76)
Intensive Care	4 (11.76)
Emergency Department	5 (14.71)
<b>Laboratory parameters</b>	
Leucocytes, cells $\times 10^3/\text{mL}$ , Median (IQR)	12.15 (3.14-16.57)
Leukocytosis, $>12 \times 10^3/\text{mL}$	20 (60,6)
Leucopenia, $<4 \times 10^3/\text{mL}$	10 (30.3)
Neutrophils percentage, Median (IQR)	87.8 (79.22-92.28)
PCR, mg/dL, Median (IQR)	8.35 (5.0-17.2)
PCT, ng/mL, Median (IQR)	27.02 (3.25-47.35)
Lactate, mM/L, Median (IQR)	2,65 (1.1 – 4.5)
<b>Clinical data</b>	
Body temperature, °C, Median (IQR)	38.25 (37.3-38.6)
Temperature $\geq 38^\circ\text{C}$	17 (51.52)
Temperature $<36^\circ\text{C}$	6 (18.18)
Heart rate, beats/min, Mean $\pm$ SD	96.5 $\pm$ 19.14
Mean Arterial Pressure, mmHg, Mean $\pm$ SD	75.17 $\pm$ 18.62
Septic shock	9 (27.27)
<b>SOFA Score</b>	<b>Median (IQR) 7.00 (5.00-10.00)</b>
<b>Concomitant diseases</b>	
Hypertension	18 (54.55)
History of CV Disease	13 (39.39)
Chronic Renal Failure	12 (36.36)
Malignancy	12 (36.36)
Diabetes	9 (27.27)
Chronic Lung Disease	8 (24.24)
Dyslipidemia	5 (15.15)
Chronic Liver Disease	3 (9.09)
Dementia	2 (6.06)

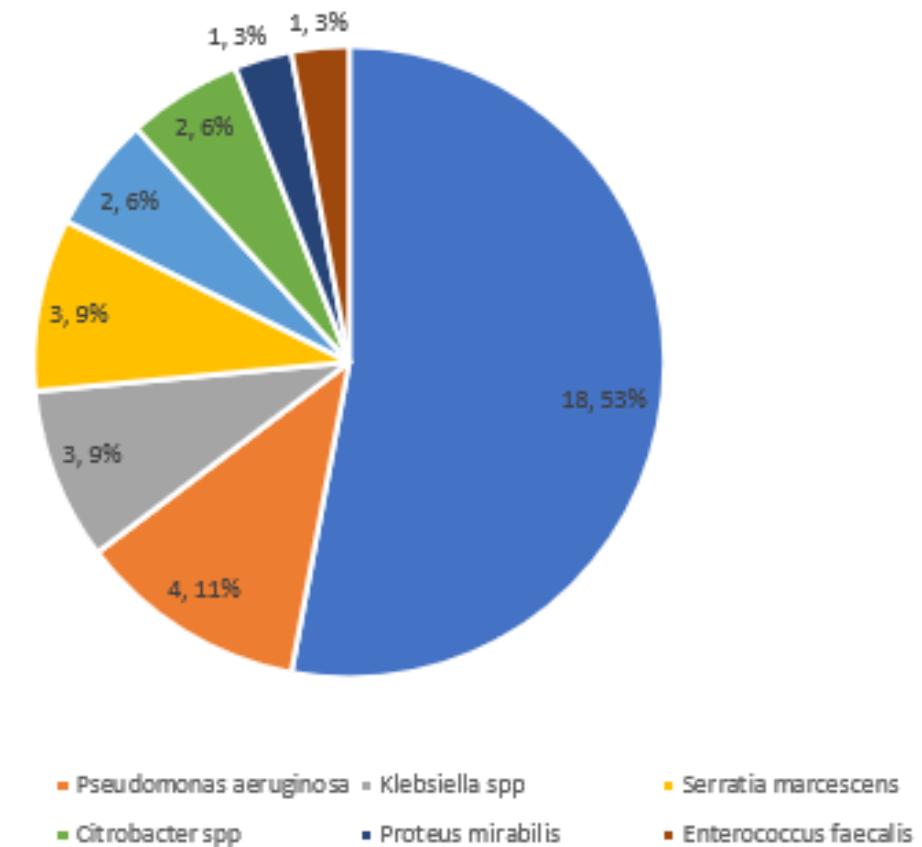
# Patient population



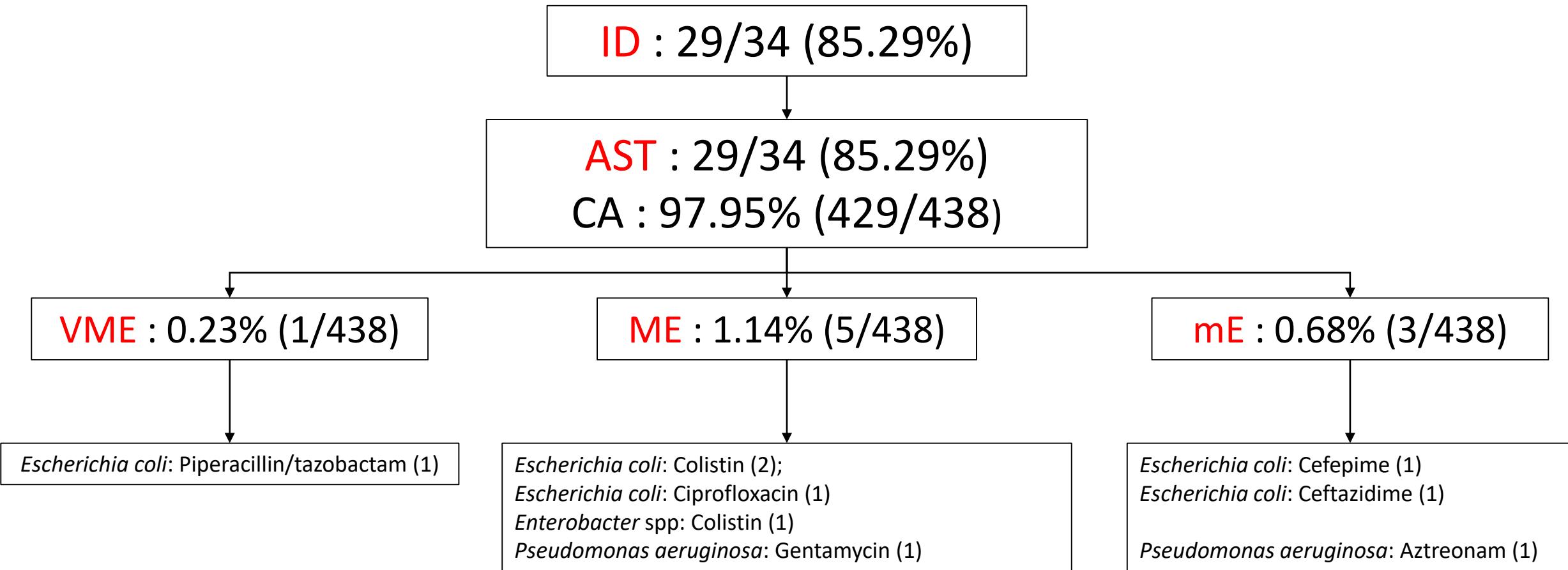
# Tested bacterial isolates

Bacterial species	Isolates	Isolates suitable for ACC testing according to the algorithm	Isolates tested by ACC
<i>Escherichia coli</i>	24	24	18
<i>Klebsiella pneumoniae</i>	12	6	3
<i>Pseudomonas aeruginosa</i>	4	4	4
<i>Enterobacter</i> spp	4	4	2
<i>Serratia marcescens</i>	4	4	3
<i>Proteus</i> spp	2	2	1
<i>Klebsiella oxytoca</i>	2	2	0
<i>Citrobacter</i> spp	2	2	2
Others not included in ACC panel	13	0	0
<b>Total</b>	<b>67</b>	<b>48</b>	<b>33</b>

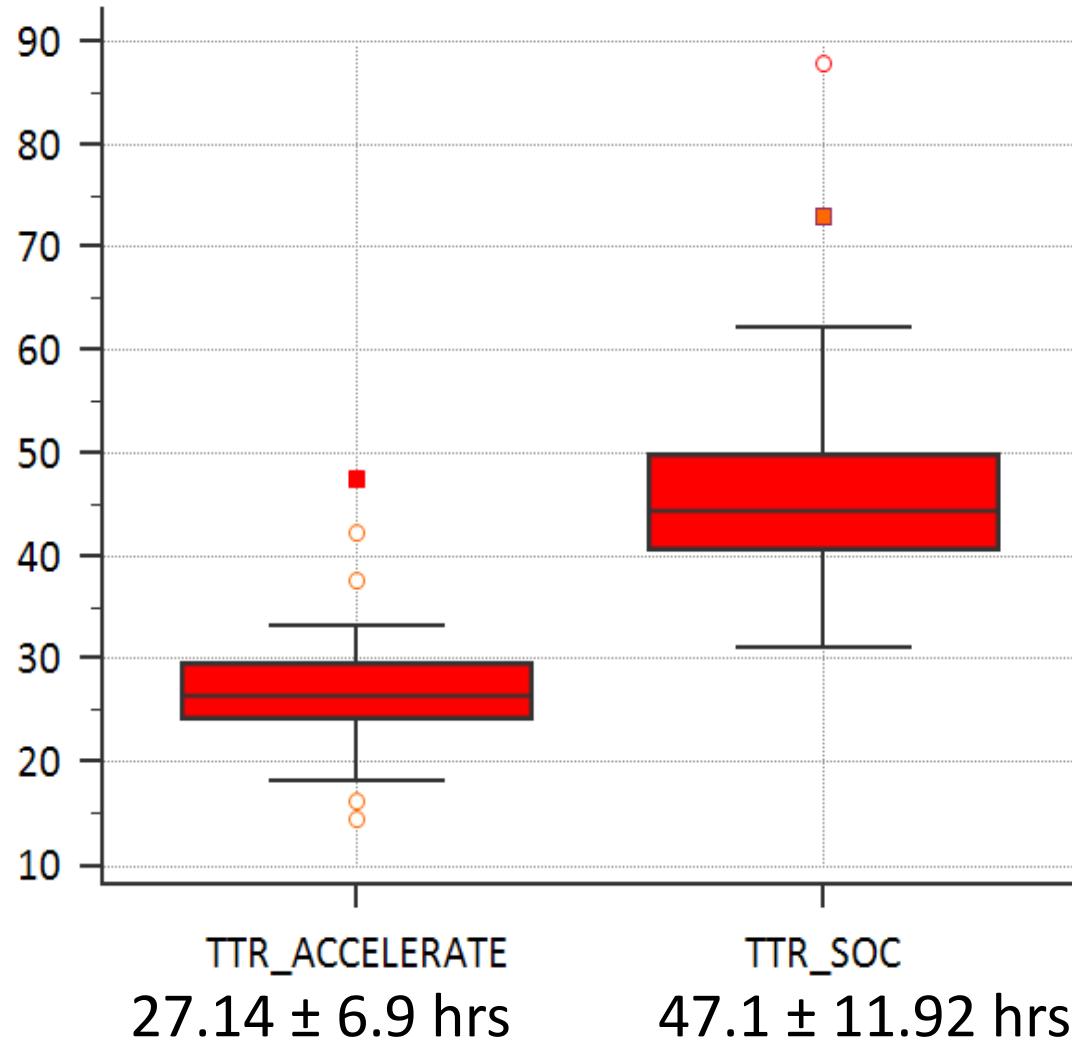
PATHOGENS



# Accuracy of Accelerate Pheno™



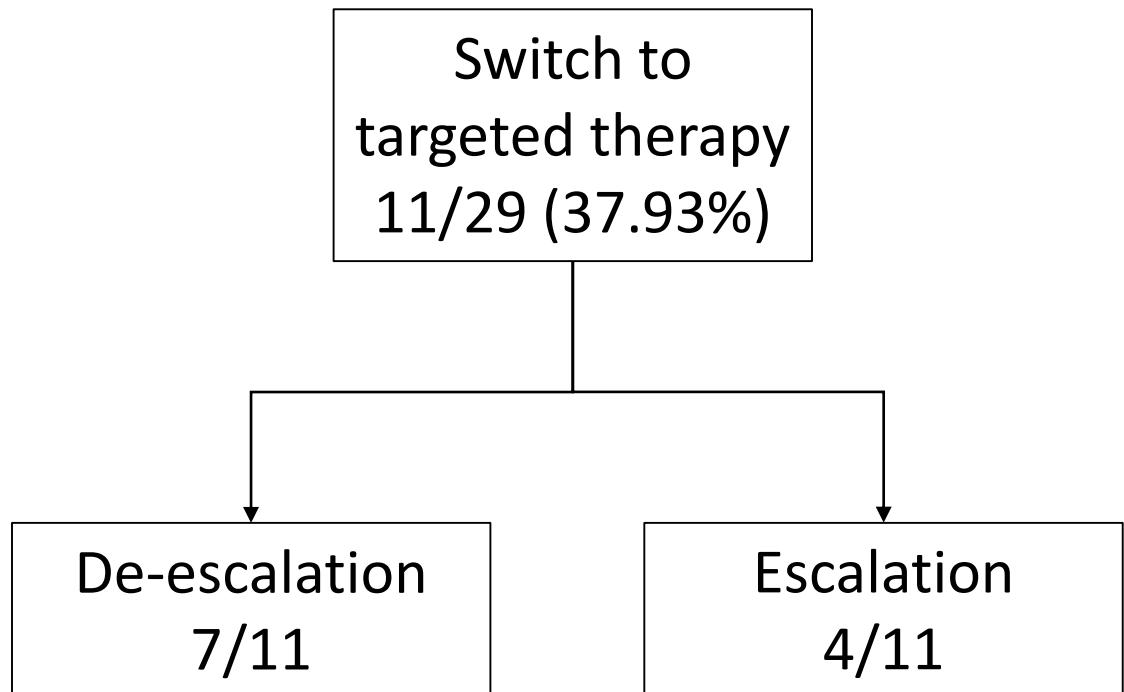
# Reduction of time to report



$\Delta = 19.96$  hrs  
95% CI: 24.71 – 15.22

$p < 0.001$

# Impact on clinical management of patients



Time to switch:  
 $34.97 \pm 22.04$  hrs

**VS**

Inferior to the standard time to report  
 $47.1 \pm 11.92$  hrs

# Why?

- Lack of antimicrobial stewardship programs
- Lack of a multidisciplinary «sepsis team»
- Lack of therapeutic decision soon after laboratory results

# Conclusions

- ACC reduces time to report
- ACC reduces time to switch
- ACC can impact on broad-spectrum antibiotic sparing

- **Antibiotic Stewardship Programs**
- **Sepsis team and Microbiology laboratory 24/7**